

Southern Illinois University- Carbondale
Associate in Applied Science in Health and Fitness Education
to
Bachelor of Science in Health Care Management
(2018-2019 Catalog)

Southern Illinois University

Carbondale, IL 62901

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MCC and SIUC have entered into a Program Articulation Agreement between the AAS degree in Health and Fitness Education and the BS degree in Health Care Management. The agreement takes full advantage of SIUC's Capstone Option, which reduces the SIUC University Core Curriculum from 41 semester hours to 30. The program is offered through SIUC's Lake County site at Great Lakes Naval Training Center or through online delivery.

The Health Care Management Program (HCM) prepares students for a career in health management or health policy. It is a career oriented degree program designed to build upon work experience and teach additional skills in the areas of management and supervision.

ADMISSION

A McHenry County College graduate receiving an AAS in Health and Fitness Education will be considered for the Capstone Option and admission to SIUC's Health Care Management program, if the following are met:

- Completion of SIUC undergraduate admissions application and admission to the University
- Minimum cumulative 2.30 GPA for collegiate work as calculated by SIUC
- Completion of at least 15 credit hours of transferable SIUC University Core Curriculum credit, as noted on the second page of this guide
- Completion of the major related courses specified on the second page of this guide

A McHenry County College student transferring to the Health Care Management degree program at SIUC who has not completed the AAS in Health and Fitness Education degree at MCC will have related coursework evaluated on a course-by-course basis, will not be eligible for the Capstone Option, and will be considered based upon enrollment criteria and space availability.

Note: SIUC's Dual Admission Program allows baccalaureate oriented freshman students at community colleges to benefit from pre-advisement through SIUC for a chosen major at SIUC. For more information:

<http://admissions.siu.edu/dap/>.

Education Plan – The following is a recommended degree plan for students who plan to complete the AAS in Health and Fitness Education degree at MCC and be considered for admission to SIUC’s Capstone Option for the BS in Health Care Management.

The courses listed in bold print satisfy SIUC University Core Curriculum requirements.

Requirements for the AAS in Health and Fitness Education		
Program Requirements	Cr	Courses
Communications	6	_____ ENG151 Comp I (C or better) _____ SPE151 Introduction to Speech
Science	4	_____ BIO263 Anatomy & Physiology I
IAI Social & Behavioral Sciences	3	_____ Select one course from the following: ANT151 Intro to Anthropology ANT170 Intro to Cultural Anthropology SOC151 Intro to Sociology SOC251 Social Problems
IAI Humanities or Fine Arts	3	_____ PHI251 Ethics <u>or</u> PHI151 Intro to Philosophy
Program Core Requirements	33	_____ HFE121 Strength Training I _____ HFE250 Nutrition for Wellness _____ HFE150 Contemporary Health Issues _____ HFE251 Drugs in Contemporary Soc _____ HFE151 First Aid & CPR _____ HFE270 Exercise Testing & Prog Des _____ HFE170 Fitness Professions _____ HFE271 Exercise Science II _____ HFE171 Exercise Science I _____ HFE278 Appl of Fitness Instruction _____ HFE175 Group Exercise Principles _____ HFE279 HFE Internship _____ HFE176 Strength & Conditioning Princ _____ PSY151 Intro to Psychology
Select one of the following options: Health-Fitness Instruction or Health-Fitness Management	14	See current MCC academic catalog for course options
Total Degree Credits	63	

ADDITIONAL Courses You Can COMPLETE THROUGH MCC

It is very important to work with the SIUC contact noted on the first page of this guide when selecting additional coursework. **Please Note:** SIUC requires a minimum of 42 semester hours of 300/400 level coursework completed through a four-year institution. (The last 30 hours of the bachelor’s degree must be completed through SIUC.) This means that a maximum of 78 credits from a community college **will apply** toward SIUC’s bachelor’s degree. Some of the coursework in your AAS degree transfers to SIUC as elective credit, but it is beyond the number of elective credits that will apply to the BS degree. You may complete the following additional courses at MCC, and they will apply toward SIUC general education requirements.

SIUC General Education Requirements

- MAT150 Elements of Mathematics
- IAI Physical Science
- IAI Fine Arts – 3 credits; Select 1 course from the following: ART151, 153, 155, 165, 174, 175, 253; JRN180; MUS151, 153, 171, 172; THE 151
- Multicultural – 3 credits; Select 1 course from the following: ENG260, 275, HIS141, 170, MUS154; PHI158, 160; SOC175, 260, 261; SPE251, 265
- AOM135 Medical Terminology
- CDM110 Computer Literacy
- ACC151 Financial Accounting
- ECO251 Microeconomics

Please note that a single course can satisfy only one general education/core curriculum requirement.

Courses You Will Complete Through Southern Illinois University Carbondale

NOTE: SIUC requires the following courses for a BS in Health Care Management. A minimum 42 credits of 300/400 level courses must be completed through SIUC or a four-year institution (in bold print). The last 30 hours must be completed through SIUC. Courses not in bold print can be completed through MCC, as noted on the previous page.

<u>Course #</u>	<u>Course Title</u>	<u>Credits</u>
AH 105	Medical Terminology	2
ACCT 210 or ACCT 220	Acct Princ & Control or Accounting I-Financial	3
ECON 240	Intro to Microeconomics	3
ISAT 229	Computing for Business Administration	3
	Remaining SIUC University Core Curriculum	12
HCM320	Health Policy & Politics	3
HCM340	Managerial Epidemiology in Health Care	3
HCM360	US Health Care Systems	3
HCM364	Org Behavior & Mgmt in Health Care	3
HCM365	Statistics & Research for Health Care Prof	3
HCM366	Health Information Management	3
HCM375	Analysis & Evaluation of Health Care Services	3
HCM382	Health Care Economics	3
HCM384	Strategic Planning & Leadership in Hlth Care	3
HCM385	Health Care finance	3
HCM388	Legal and Current Issues	3
HCM390	Human Resources in Health Care	3
HCM410	Operations Mgmt in Health Care	3
HCM413	Long Term Care Administration	3
HCM420	Health Care Ethics, Coding & Compliance	3
HCM421	Professional Practice for Hlth Care Managers	1
HCM422	Health Care Mgmt Internship	2
Total credits beyond your AAS needed to complete the BS degree (as outlined in this guide)		71